

**Prairie Inn Pioneer 8-k  
10 January, 2010  
CVRR Results**

OA	Group		Name	Time	Pace	
					KM	Mile
59	6/54	M4044	Steven Royer	29:32	3:42	5:56
77	16/37	M2529	Brad Crowe	30:38	3:50	6:10
86	10/20	M2024	Jeff Crowe	30:53	3:52	6:13
87	3/37	M5054	Frank Graham	30:54	3:52	6:13
126	2/50	F4549	Angela Plamondon	32:26 *	4:03	6:31
157	24/54	M4044	Chris Winkelar	33:21	4:10	6:43
229	15/37	M5054	Danny Keyes	35:37	4:27	7:10
246	1/14	F6064	Roslyn Smith	36:07 *	4:31	7:16
259	32/48	M4549	Mark Arsenault	36:21	4:33	7:19
325	16/24	F2529	Caroline McGaw	38:05	4:46	7:40
336	9/36	F4044	Karin Holm	38:13	4:47	7:41
355	11/36	F4044	Anna Diedricksen	38:56	4:52	7:50
386	8/36	F5054	Karen Weller	39:48	4:58	8:00
458	26/30	M3034	Julian White	42:16	5:17	8:30
534	12/18	M6569	Tom Munro	45:12	5:39	9:06