

Comox Nautical Days 4 Mile foot race

2020 ****Virtual**** 49th running

Official Course

(With URL)

- 1 - 22:22. Derek Vinge. (Male Winner)
- 2 - 25:42 Dave Hrysio
- 3 - 25:53. Rob Kelly
- 4 - 26:39. John Crockford
- 5 - 27:00. Wayne Crowe
- 6 - 27:55. Derek Kaufman
- 7 - 28:06. Ivana Bisaro. (Female Winner)
- 8 - 28:06 Kai Bisaro
- 9 - 29:02 Greg Hendricks
- 10 - 29:13 Cadence Laplante
- 11 - 29:27 Lance Blomgren
- 12 - 30:05 Samy Bouma
- 13 - 30:56 Chris Bowlby
- 14 - 31:05 Heather Smith
- 15 - 33:51 Steve Blacklock
- 16 - 34:07 Lisa Bird
- 17 - 34:29 Karen Weller
- 18 - 40:01 Zoe Bisaro
- 19 - 40:23 Sheila Nelson
- 20 - 40:23 Cindy Blackmore
- 21 - 41:18 Sheila Vangisbergen
- 22 - 42:05 Sandrine Daniels
- 23 - 42:13 Kyra Piercy
- 24 - 42:28 Danielle Cordoni
- 25 - 43:22 Jillien Endert
- 26 - 44:57 Rhonda Stewart
- 27 - 47:15 Maria Egeland
- 28 - 47:16 Leslie Dargie
- 29 - 50:05 Mel Springall
- 30 - 1:08:16 Cathy Bulger
- 31 - 1:08:17 Doug Warren
- 32 - 1:19:22 Roz Smith
- .33 - 1:19:23 Janete Green

Various Personal Courses

Or no URL

- 28:49 - Chantal Coschizza
- 31:43 - Pamela Dinn
- 31:44 - Peter Ashmore
- 40:38 - Joyce Slaney
- 42:06 - Mike Keohane
- 43:08 - Darrell Fisher
- 45:32 - Jennifer Kanigan
- 48:17 - Luca Bisaro
- 49:20 - Erik Eriksson
- 49:28 - Sharon Fisher
- 53:22 Joy Chan
- 1:10:11 - Wendy Sutton