

Seal Bay Park

Extreme Runners

436 5th St, Courtenay, BC V9N 1J8

- ↑ Head northeast on 5th St toward England Ave
700 m
- ↑ Continue onto Old Island Hwy
270 m
- ↗ Turn right onto Ryan Rd
4.9 km
- ↖ Turn left onto Anderton Rd
1.5 km
- ↖ Turn left to stay on Anderton Rd
1.3 km
- ↑ Continue onto Waveland Rd
2.5 km
- ↖ Turn left onto Bates Rd (signs for Campbell River/BC-19A N)

[i](#) Destination will be on the right

